

CHAS
 Community Health Association of Spokane
 Phone 509-444-8888
 www.CHAS.org

CHAS

and Healthcare Options for Everyone

MYTH: Community Health Association of Spokane (CHAS) provides health care for only our low-income population.

FACT: CHAS provides high quality affordable health care for our entire community.

It is true that our 5 local non-profit clinics provide quality medical and dental healthcare to families and individuals of all ages, regardless of insurance status. We're proud of that fact, and of the fact that we turn no one away who needs our services.

Not too long ago, after being fired, I personally was left with the choice of paying COBRA, which was \$550 a month for just myself, or have no health insurance.

I paid it for a while, but, I reached a point where I couldn't afford it, and for the first time in my adult life I had no health insurance. It is a very, very scary circumstance, and I appreciate how difficult it is to have to make choices between life's necessities, i.e. groceries, fuel, heat, etc., or go to the doctor or dentist. I wish I had known more about CHAS at that time in my life, and I wouldn't have had to put off quality health care.

CHAS' first rate doctors, dentists, pharmacists and support staff deliver that same quality health care to people who have insurance and are simply looking for a health care provider they trust and can come to count on for all their medical and dental needs.



Eighty-eight percent of the companies in Spokane have fewer than 20 employees. If you work for one, it's likely your employer isn't able to provide health insurance for you. However, you can receive quality health care at CHAS, and pay on a sliding fee scale based on your income. CHAS has a wealth of services available for you.

Did you know? We have three Pharmacies, so patients can receive their medicine directly at the clinic. It's fast and convenient. For clients without insurance, prescriptions can be made available to you at a lower cost.

The goal of our dental services is to provide comprehensive care for children through age 20. We also provide emer-

gency dental care for adults.

For pregnant Moms, we offer OB services through every phase of their pregnancy, and when the baby is born, our First Steps Program takes over with all the counseling, nutrition guidance, and referrals to other community services a new Mom needs.

We also provide:

- . Chronic Disease Management
- . X-Ray & Laboratory
- . Drug Use Prevention Outreach
- . Healthcare & outreach for those living with HIV
- . Phone consultation available 24 hours a day, 7 days a week.